



# The Do's & Don'ts of PEG, PEJ & NGT Feeding

BROUGHT TO YOU BY SARAH - A REGISTERED NURSE



# DO....

- 1 Flush the tube every 4-6 hours to ensure the line of the tube is clear.
- 2 Make sure the site is clean if there is a dressing or skin on skin. Check for signs of oozing, redness and pus.
- 3 Wear PPE to maintain hygiene - Always wear gloves!
- 4 Call your health provider or 1300 HEALTH if you have any questions. Don't listen to Dr Google!

"Do these things when you are PEG, PEJ, NGT feeding"



# DON'T....

1

Reuse the feed if vomiting occurs. This can increase the risk of infection and can cause bacteria to build up.

2

Obstruct or kink the tube.

3

Insert objects or different fluids into the tube to clean it, i.e. a straw cleaner

4

Have an animals nearby when feeding.  
Maintain hygiene ALWAYS.

"Never do these things when you are PEG, PEJ NGT feeding"



# If you need help...

1 Call your GP or service provider

2 Ring 1300 HEALTH (13 43 25 84)



